

# The CLINICIAN

SPRING 2018 | VOL. 49, NO. 1

THE NEWSLETTER OF THE NEW YORK STATE SOCIETY FOR CLINICAL SOCIAL WORK

## 50<sup>th</sup>

ANNIVERSARY ISSUE

1

**PERSISTENCE PAYS OFF**  
Legislative Milestones

4

**CLINICAL EDUCATION**

5

**HISTORY of the SOCIETY**

8

**MEMBERSHIP GROWTH**

11

**COMMUNICATING**  
*In the Digital Age*

12

**CHAPTERS:**  
*Past, Present, Future*

14

**ANNIVERSARY PARTY**  
Photos

21

**ETHICS &**  
Professional Standards

22

**CREATIVITY &**  
Neuro-Psycho-Ed.

23

**BOOK REVIEW**  
*Traumatic Narcissism*

[www.nysscsw.org](http://www.nysscsw.org)

A 50-YEAR CAMPAIGN FOR LEGAL RECOGNITION AND RIGHTS

## Persistence Pays Off: 1968–2018

By Marsha Wineburgh, DSW, LCSW-R, Legislative Chair

By 1968, clinical social work had no legal identity in Federal law and had extracted only a weak title law from New York State—"Certified Social Worker." The description of a CSW was so loose that it made disciplinary action by the Office of the Professions nearly impossible.

New York psychologists had just introduced legislation to establish psychologists as the permanent supervisors of social workers across all settings, the Biondo bill. On the national scene, NASW made a policy decision to recognize the BSW as the entry level into the

CONTINUED ON PAGE 6

*"Persistence and consistent support for solid social policies seem to have been essential ingredients for our successful campaign ... We can be proud of our contribution to our profession and to the larger community. More people have access to competent mental health services than ever before."*

At the Society's 50<sup>th</sup> Anniversary Celebration in March (Photos P. 14)



**2018 NYSSCSW BOARD OF DIRECTORS**



**STATE EXECUTIVE COMMITTEE**

<b>President</b>	Shannon Boyle, LCSW	shannonboyle@hotmail.com
<b>1st Vice President</b>	Andrew Daly, LCSW-R	apdalylcsw@msn.com
<b>2nd Vice President</b>	Richard B. Joelson, DSW, LCSW	rbjoelson@aol.com
<b>Secretary</b>	Helen H. Krackow, LCSW, BCD	hhkrackow@gmail.com
<b>Treasurer</b>	Chris Ann Farhood, LCSW	chrisfarhood@yahoo.com

**MEMBERS-AT-LARGE**

<b>Nassau</b>	Patricia Traynor, LCSW	ptraynor@optonline.net
<b>Rockland</b>	Dore Sheppard, Ph.D., LCSW	doreshep@yahoo.com
<b>Staten Island</b>	Joyce Daly, LCSW-R	jdalylcsw@msn.com
<b>Westchester</b>	Martin Lowery, LCSW-R	mlowery@maryknoll.org

**CHAPTER PRESIDENTS**

<b>Metropolitan</b>	Karen Kaufman, Ph.D., LCSW	karenkaufman17@gmail.com
<b>Mid-Hudson</b>	Rosemary Cohen, LCSW	rosemarycohen@gmail.com
<b>Nassau</b>	Joseph Reiher, LCSW, BCD	mitygoodtherapy@gmail.com
<b>Queens</b>	Lynne O'Donnell, LCSW-R, ACSW	odonnell80@gmail.com
<b>Rockland</b>	Orsolya Clifford, LCSW-R	ovadasz@optonline.net
<b>Staten Island</b>	Janice Gross, LCSW, ACSW	JGross1013@aol.com
<b>Suffolk</b>	Sandra Jo Lane, LCSW-R, BCD, CGP	sjlsunshine@aol.com
<b>Westchester</b>	Andrea Kocsis, LCSW	andreakocsis@gmail.com

**STATE COMMITTEE CHAIRS**

<b>By-Laws</b>	Beth Pagano, LCSW	Bethpagano678@msn.com
<b>Creativity &amp; Neuro-Psycho-Ed.</b>	Sandra Indig, LCSW, ATR-BC	psych4arts@hotmail.com
<b>Ethics &amp; Professional Standards</b>	Martin Lowery, LCSW	mlowery@maryknoll.org
<b>Friday E-News</b>	Helen T. Hoffman, LCSW	helenhoffman@verizon.net
<b>Issues of Aging</b>	Helen Hinckley Krackow, LCSW, BCD	hhkrackow@gmail.com
	Henni K. Fisher, LCSW, BCD	info@hennifisher.com
<b>Leadership</b>	Beth Pagano, LCSW	bethpagano678@msn.com
<b>Legislative</b>	Marsha Wineburgh, DSW, LCSW-R	mwineburgh@aol.com
<b>Listserv</b>	Marsha Wineburgh, DSW, LCSW-R	mwineburgh@aol.com
<b>Membership</b>	Richard B. Joelson, DSW, LCSW	rbjoelson@aol.com
<b>Mentorship</b>	Helen Hinckley Krackow, LCSW, BCD	hhkrackow@gmail.com
<b>Newsletter – The Clinician</b>	Helen Hinckley Krackow, LCSW, BCD	hhkrackow@gmail.com
<b>Vendorship &amp; Managed Care</b>	Helen T. Hoffman, LCSW	helenhoffman@verizon.net
<b>Website – www.NYSSCSW.org</b>	Helen T. Hoffman, LCSW	helenhoffman@verizon.net

**New York State Society for Clinical Social Work**

NYSSCSW c/o TMS  
55 Harristown Road, Suite #106  
Glen Rock, NJ 07452

**Tel:** 800-288-4279

**Email:** info.nysscsw@gmail.com

**Administrators:**

Sheila Guston, Kristin Kuenzel



The Advanced Clinical Education Foundation of the NYSSCSW

**2018 ACE FOUNDATION BOARD AND OFFICERS**

<b>President</b>	Karen Kaufman, Ph.D., LCSW-R	Karenkaufman17@gmail.com
<b>Treasurer</b>	Marsha Wineburgh, DSW, LCSW-R	mwineburgh@aol.com
<b>Secretary</b>	Amy Meyers, Ph.D., LCSW	amymeyers2002@yahoo.com
<b>Members-at-Large</b>	Shannon Boyle, LCSW, President NYSSCSW	Shannonboyle@hotmail.com
	Richard B. Joelson, DSW, LCSW-R	rbjoelson@aol.com
	Greg MacColl, LCSW-R	gregmaccoll@aol.com
	Joseph Reiher, LCSW-R, BCD	mitygoodtherapy@gmail.com
<b>Director of Professional Development</b>	Susan A. Klett, Ph.D., Psy.D., LCSW-R	SuzanneKlett@aol.com

# Celebrating 50 Years of Advocacy for Clinical Social Work

*By Shannon Boyle, LCSW, President*

For the New York State Society for Clinical Social Work, 2018 marks a major milestone, our 50th anniversary. We were founded in 1968, a tumultuous year in our nation's history. Thousands marched for civil rights, economic equality and social justice, and an end to the Vietnam war.

It was a year of groundbreaking events: Arthur Ashe became the first black man to win a Grand Slam tennis tournament, and Shirley Chisholm, the first black woman elected to the House of Representatives; the first Special Olympics was held; and Yale University admitted its first female undergraduates. It was a year of tragedy as well: the assassination of Martin Luther King, Jr. in April and Robert F. Kennedy in June broke our hearts and almost broke our spirits.

At the end of the year, Apollo 8 became the first manned spacecraft to orbit the moon and return safely to earth. The three-astronaut crew became the first people to see earth as a whole planet and took stunning photos of an "earthrise." Like so much that occurred that year, it challenged our old viewpoint, our sense of identity and core beliefs.

Against this backdrop, in 1968, two social work psychotherapists, Doctors Charles Smith and Robert Lampert, began to organize their Manhattan colleagues to support their profession, which had come under attack. Efforts were afoot to lower standards for entry into our profession, and a hostile piece of legislation was put forth that, if enacted, would require social work psychotherapists to have ongoing supervision by psychologists.

Looking back in 1993, Charles Smith wrote, "The Society had its birth via frustration, when its 'mother' organization failed to respond to its needs, to its cries of help relating to the practice of psychotherapy. [For us], starting and developing a new organization was fraught with misgivings ... Nonetheless, a small group of like-minded social workers banded together to establish the Society under the capable leadership of Robert Lampert. The 'rebel' group met in the fall of 1968."



Shannon Boyle, LCSW

Their goal was to achieve equal recognition and protection for psychotherapists in all settings, but particularly those in private practice. By the following year, the small group had grown and launched two seminal programs that continue to this day, the NYSSCSW Annual Education Conference and the *Clinical Social Work Journal*.

But it would take many decades of hard-fought battles before clinical social workers in New York would win their legal identity and take their rightful place as leading providers of mental health services to people from all walks of life.

"Persistence Pays Off," the cover story of this issue, was written by Marsha Wineburgh, Past President and the determined leader of our legislative efforts. It is the perfect motto for our Society, as I think you will agree when you read the articles in this issue by our dedicated activists, leaders and eyewitnesses to history.

The events of 1968 set the course for at least the next five decades. Many positive changes took root that year. As always, the gains achieved have required careful vigilance to maintain. Our own Society's coming of age story began with leadership of two courageous psychotherapists. Our progress has been sustained and enhanced by many other advocates and activists who followed.

I want to thank all the members and guests who joined us for our 50th Anniversary Celebration, a scenic cruise around lower Manhattan during Social Work Month in March. It was a pleasure to join you in recognizing our achievements and the people who were responsible for them, those who have given so much time and energy to our Society. We look forward to seeing you all at other events during our anniversary year.

We are a vibrant organization with a great future. We will continue to be strong advocates for our profession and for excellent mental health services in our community.

Sincerely,

## The CLINICIAN

Published twice yearly by the  
New York State Society for Clinical Social Work, Inc.  
Tel: 1-800-288-4279

Helen Hinckley Krackow, Newsletter Chair

Ivy Miller, Newsletter Editor

3 Sunset Drive, Sag Harbor, NY 11963

E-Mail: ivy.lee.miller@gmail.com / Tel: 631-725-9845

Ad Deadlines: March 15 and October 15

AD SIZE	MEASUREMENTS	1 TIME	2 TIMES
2/3 Page	4 15/16" w x 10" h	\$325	\$295
1/2 Page Vertical	3 5/8" w x 10" h	\$250	\$225
1/2 Page Horizontal	7 1/2" w x 4 7/8" h	\$250	\$225
1/3 Page (1 Col.)	2 3/8" w x 10" h	\$175	\$160
1/3 Page (Square)	4 15/16" w x 4 7/8" h	\$175	\$160
1/4 Page	3 5/8" w x 4 7/8" h	\$140	\$125
1/6 Page (1/2 Col.)	2 3/8" w x 4 7/8" h	\$95	\$85

Display ads must be camera ready. Classified ads: \$1 /word; min. \$30 prepaid.

THE ADVANCED CLINICAL EDUCATION FOUNDATION OF  
NYSSCSW PRESENTS THE 49TH ANNUAL CONFERENCE

## Stages of Life/Rites of Passage

SATURDAY, APRIL 21, 2018,  
9:00 AM – 4:30 PM

The New York Blood Center,  
310 East 67th Street, New York, NY

**6.0 CONTACT HOURS WILL BE AWARDED**

Jack Novick, Ph.D. and  
Kerry Kelly Novick, Ph.D.

“Going to Big School”—What Does This Mean?  
(1.5 contact Hours)

Neil Altman, Ph.D.

The Evolution of Adolescence(ts):  
Challenges and Dilemmas, New and Old  
(1.5 contact Hours)

Judith P. Siegel, Ph.D., LCSW  
Adult Couples in Transition:  
What’s Love Got to Do with It?  
(1.5 contact Hours)

Elissa K. West, LCSW  
Being in Time: The Problem of  
Hope in Older Adulthood,  
the Last Developmental Frontier  
(1.5 contact Hours)

For online information and registration:  
[www.ace-foundation.net](http://www.ace-foundation.net)

**ACE Foundation**  
**CLINICAL EDUCATION NEWS**  
[www.ace-foundation.net](http://www.ace-foundation.net)

### *Happy 50th Birthday, NYSSCSW*


*By Marsha Wineburgh, DSW, LCSW-R, ACE Treasurer*

When New York State enacted the continuing education statute in 2014 for the social work profession, it seemed appropriate and timely to a group of LCSWs to form an organization to meet the advanced clinical education needs of our membership as well as other mental health professionals.

This group became the first ACE Foundation Board of Directors and included Karen Kaufman, Ph.D., LCSW-R, President, Marsha Wineburgh, DSW, LCSW-R, Treasurer, Richard B. Joelson, DSW, LCSW-R, Amy Meyers, Ph.D., LCSW, Greg MacColl, LCSW, Joseph Reiher, LCSW, BCD, and Shannon Boyle, LCSW, President of NYSSCSW.

In the past four years, we have offered 118 quality, New York State-approved clinical courses; created teaching opportunities for those Clinical Society members who qualified; gained approval for our activities from the American Social Work Board (ASWB), which oversees continuing education for every other state in the country; and offered approved courses to Licensed Marriage and Family Therapists and Mental Health Counselors, as well as Licensed Psychoanalysts. We provide a daily-updated website, regular bulletins on Facebook and announcements in the Clinical Society’s *Friday E-News*.

All this productivity is thanks to Dr. Susan Klett, Psy.D., LCSW-R, BCD, Director of Professional Development, who managed to secure two doctoral degrees in addition to developing and overseeing these quality programs.

Our next project has begun with a survey of MSW students who may be seeking additional clinical skills after graduation. Designing programs as small group, office-based classes, we hope to continue our mission to advance clinical education and build a sense of community for newer members of our profession. 

# History of the Society, Part I

*By Helen Hinckley Krackow, LCSW, BCD, Past President*

In the late 1960s, the profession of clinical social work as we know it today barely existed in New York State or nationally. We were known as psychiatric social workers and provided therapy under the administration of psychiatry and psychology in mental hospitals, family agencies and mental health clinics (both public and private). A few were being trained in the 19 psychotherapy and psychoanalytic institutes in New York City at the time, but social workers were not teachers, administrators or on the boards of these institutes.

Psychologists were trying to pass legislation—the Biondo bill—that would limit all the field of psychology to psychologists. Even our largest national organization was moving toward encouraging social workers to work within larger group practices and in agencies, rather than private practice. We also had no standing in the courts as expert witnesses or as clinicians who could protect the confidentiality of our clients.

In the late fall of 1968, Bob Lampert and Charles Smith, two social worker clinicians in private practice, gathered a group of ten to 15 clinicians to work on issues like defining the field in the eyes of the public and the state legislature, and eventually the national government as well.

In the 50 years to come, the Society worked on and passed insurance reimbursement bills, a licensure bill, helped establish a national clinical federation of state societies, and achieved inclusion in Medicare and other national insurance policies.

## Endangered Species

The group was incorporated in 1969 under the name The Society for Clinical Social Work Psychotherapists. Florence Radin, our third President, wrote “Clinical Social Work—An Endangered Species,” as a membership promotional piece. When her tenure began, we had grown to 125

members. Also in 1969, the Society established the *Clinical Social Work Journal*, edited by Mary Gottesfeld, which has been published ever since then.

The first members were Robert Lampert, Charles Smith, Florence Radin, Breena Friestman Overton, Marcia Rabinowitz, and Barbara Silverstone, who were later joined by Abraham Ring, Morris Black, Alan Grossman, Martin Sylvester, Crayton Rowe, Jr., Helen Goldberg, Harriet Pappenheim, Dianne Heller Kaminsky, Fred Mazor, David Phillips and Barbara Bryan. The first meetings were held at Postgraduate Center or in members’ homes.

From the early days, our presidents realized that we needed a national presence as a profession. They joined together with other fledging clinical social work organizations to form two organizations, the National Federation of Clinical Social Work Societies, for legislative support, and the National Registry of Health Care Providers, for credential-



*Charles Smith, Society Co-Founder*

ing. Ken Adams, Esq., of Dickstein, Shapiro in Washington, DC was hired as national lobbyist. In 1973, the NYSSCSW selected Jim Moran as our first state lobbyist under President Alan Grossman.

## Chapters Formed

The Society, which was Manhattan-based, began to form several chapters in 1973. The first of these was Queens, followed by Brooklyn, Nassau-Suffolk, Rockland, Westchester, Staten Island, Albany and Buffalo. We were 125 members in 1969, and grew to 2,500 during my presidency, from 1994 to 1996, as we were fighting for licensing.

Education and scholarship were always very important to the Society. We have had 49 annual educational conferences focusing on every conceivable clinical topic, from

CONTINUED ON PAGE 25

# Persistence Pays Off

CONTINUED FROM PAGE 1


profession, replacing the MSW. This move to embrace the most generic level of social work left the mental health practitioners at the other end of the educational continuum alarmed about adequate representation when it came to clinical issues and private practice.

These were the conditions that mobilized a group of graduates from the Postgraduate Center for Mental Health's Adult Psychoanalytic and Psychotherapy Institute to protect clinical social work, primarily in private practice. The Society for Clinical Social Work, as it was first called, was established in 1968, with 125 members; the first President was Robert Lampert, MSW, CSW. And during this first year, the *Clinical Social Work Journal* was also founded by Mary Gottesfeld, MSW, CSW.

From the beginning, the mission of the Clinical Society has been to achieve legal recognition for clinical social work and to protect our right to practice in all settings, but particularly in private practice. The journey has taken us to the New York State Legislature, PSROs, proprietary insurance companies, managed care/behavioral health vendors, the NYS Business Council, unions and New York City government.

On the federal level, we helped to establish the first national clinical social work organization—the National Federation of Societies for Clinical Social Work, and we testified in congress for Medicare coverage, CHAMPUS, Federal Employee Health Insurance, and supported the Supreme Court's decision on confidentiality for psychotherapy. Our many accomplishments on the state level are listed on the next page.

Our mission to protect clinical social work as a mental health profession continues. Our success with legal recognition and insurance reimbursement for our services needs to be closely monitored and maintained. To complete our inclusion as psychotherapy providers in New York State, LCSWs need to be part of Workers' Compensation mental health program. The exemption allowing agencies to hire non-licensed staff to deliver mental health treatment must be ended. Other Master's level professions (known as Mental Health Practitioners) must meet the same minimum standards for education and supervised experience to be licensed as LCSWs.

Persistence and consistent support for solid social policies seem to have been essential ingredients for our successful campaign to establish clinical social work as a traditional mental health profession in New York State and on the federal level. We can be proud of our contribution to our profession and to our larger community. More people have access to competent mental health services than ever before. 



**NEWS UPDATE**  
**State Agency**  
**Licensing**  
**Exemptions**  
**Ending**  
**See Page 20**

# NYSSCSW Legislative Milestones

*History as Told by the Headlines of Our Newsletters*

	<b>WHERE WE STARTED:</b>
1965	“Certified Social Worker” Legislation Enacted
	<b>WHAT WE ACCOMPLISHED:</b>
1977	THIRD PARTY PAYMENTS LAW (“P” LAW – FIRST INSURANCE LAW)
1980	Legislative Rally—Survival ’80: The Challenge to Grow Towards a Working Definition of Clinical Social Work
1980	Committee on Psychoanalysis Formed
1981	Push for Parity: Equal Access Bill (“R”) Introduced into The State Legislature
1982	Push for Parity Successful: Society’s Bill Passes Both Houses (‘R” Law)
1982	Parity Campaign Begins Again
1983	500,000 NYS Employees Covered by CSW Mental Health Services
1983	CSWs are “Qualified Experts,” Court Rules. Parity Bill Revised in Senate: 6-year Supervision Required, SCSWP Leads Coalition in Bill’s Support (“R”)
1985	FIVE-YEAR STRUGGLE ENDS IN VICTORY AS PARITY BILL BECOMES LAW (“R”)
1985	CONFIDENTIALITY LAW EXTENDED TO CSWS
1985	LEGAL DECISION EXPANDS PARITY FOR CSWS AS COURT EXPERTS
1985	Licensing of Professions Planned: All Psychotherapists to be Included
1988	Mandated Reporting of Child Abuse and Maltreatment by Social Workers
1989	NEW LICENSING LEGISLATION: PROPOSED BILL DEFINES CLINICAL SOCIAL WORK FUNCTION EXPLICITLY
1990	STATE SUPREME COURT DECLARES CSWS SIMILAR PSYCHOLOGISTS AND PSYCHIATRISTS
1991	Should There Be a Fifth Mental Health Profession? The Dilemma of Licensing in NYS
1992	NYS SOCIETY LEADS LICENSING EFFORT: LANDMARK LEGISLATION INTRODUCED
1992	Is New York’s CSW Threatened? Florida Loses Title Certification
1995	Professional Social Work Associations Agree on Licensing Bill
1999	It Ain’t Over Yet!
2002	Licensing, YES. Mandated Physician Referral, NO!
2002	Landmark Psychotherapy Legislation Begins with Clinical Social Work
<b>2004</b>	<b>CLINICAL SOCIAL WORK IS NOW LICENSED!</b>
2005	Regulations to Implement Social Work Licensing in Final Form
2010	State Finalizes Social Work Licensing Regulations
2012	Still Fighting for Licensing Compliance after All These Years
2014	SUPPORTED PASSAGE OF CONTINUING EDUCATION LEGISLATION THAT LAUNCHED ACE FOUNDATION
2016	End the Licensing Exemption (for State Agencies and Not-for-Profits)
2017	Coalitions formed with Social Work Organizations and Other Independently-Licensed Mental Health Professions

# Membership Committee

*By Richard B. Joelson, DSW, LCSW, Membership Chair, State and Met Chapter Committees*

It certainly appears that we have become the preferred professional community for the clinical social workers of New York State. Our membership continues to grow with more and more student, agency-based, and institute-based clinicians joining our ranks, as well as clinicians in independent practice.

Our vigorous recruitment efforts, especially in area schools of social work, have resulted in a great increase in the numbers of students who have joined the Society over the last several years. The annual

Diana List Cullen Memorial First Year MSW Student Writing Contest, under the leadership of Chris Farhood, MSW has awarded \$500 scholarships and a free one-year membership to 34 students since the inception of the program seven years ago. Students from each participating school present their winning papers to deans, faculty members, family, and Society members at a reception in their honor.

Our relationships with schools of social work have also been strengthened during the past three years due to our ten student

representatives. These students, part of the Membership Committee, represent the Society at their schools and help us promote our events, and generally help their classmates get to know us and the benefits of joining. We also help each other by learning what students are seeking from an organization like ours and using that information to develop programs, for example, Professional Development Day, to help meet their needs.

Our current students representatives are: Bruche Moskovics and Tia Mancuso (NYU), Tricia Wendt and Qian Zhang (Columbia), Zoey Peresman (Hunter), Samara Gadsden (Fordham), Sheanell Cutts (Lehman), and Emma Brown, Michal Meyer, and Rina Ben-Benjamin (Wurzweiler). Graduated student representatives include Raji Edayathumangalam and Johnny Carrie (Columbia), Wayne Backus (Hunter), Carrie Wasterlain (NYU), and Jenifer Ortiz (Lehman).



**Professional Development Day Keynoters:** (top, left) Hafina Allen, LCSW of the Met Chapter Membership Committee, a licensing expert and (top, right) Raji Edayathumangalam, student rep emeritus.

## Professional Development Day 2018

The State Society and the Met Chapter co-sponsored Professional Development Day this year. It was attended by 90 social work students who had an opportunity to learn about LMSW and LCSW licensing requirements, and to hear a presentation to help them make the transition from student to new professional.





Ninety social work students attended Professional Development Day.

Hafina Allen, LCSW of the Met Chapter Membership Committee, our resident licensing expert, and Raji Edayathumangalam, student rep emeritus, were the keynote presenters. Students were able to consult with experienced social work clinicians representing various fields of practice and practice settings. The feedback from all participants made clear that this was an extremely valuable event that all involved would like to have repeated in the future.

### Recruitment and Retention


We have observed for some time that many social workers who join the Society do not renew after the end of the initial membership year. We have made several efforts to address this and have been successful in retaining a greater number of existing members, as well as

retrieving a great many members who had previously allowed their memberships to lapse.

As I have reported many times, I believe that a good deal of our recruitment and retention success can be traced to the personal interest we show each new member. It includes welcome letters from the State and the chapters of choice, invitations to receptions and other events, e-mails and phone calls. The outreach to new recruits helps them to feel welcomed and valued, and find their place in this ever-growing organization, one that has so much to offer clinical social workers in New York State.

Our Society Partners Program, soon to be coordinated by Johanna Tappen, LMSW allows new members to request an experienced member to help them navigate their path in our organization. It has proven another effective way to help people find their place and become active in the Society.

Most chapters have enjoyed an influx of new members from all practice settings—academic, agency, institute, and private practice—and with an age and ethnic diversity that is quite gratifying. It seems that more social workers are finding our organization an important affiliation where they can reap many benefits.

Other ongoing initiatives include the New Professionals Task Force, for those just entering the field coordinated, by Lauren Shah, LCSW; the Two-For-One Agency/Institute/School of Social Work Membership Drive, held during March and April; and Happy Hour events to attract new members and help existing members get to know each other, coordinated by Amy Meyers, Ph.D., LCSW. New initiatives are always being planned to meet the needs of our membership. 

---

# Met Chapter's Student Writing Awards Program

*By Chris Ann Farhood, MSW, Program Coordinator*

*Since 2011, 34 MSW students have received scholarships of \$500 each, along with one-year memberships in the Society and the honor of presenting their papers to an audience of graduate school deans, faculty, family and friends.*

Concerned about the aging of the membership of the NYSSCSW, in 2010 the Met Chapter Membership Committee, under the Chairmanship of Richard Joelson, DSW, brainstormed about how to offset the situation, and the idea of a student writing scholarship was born.

The program took shape with Chris Ann Farhood, MSW as Coordinator, working with the approval of then Met President Ariane Silva. The procedures they developed are still in effect today. First, the deans of the graduate schools of social work in the metropolitan area are contacted and asked to submit three outstanding clinical papers written by first-year graduate students. Then, the papers are vetted by members of the Met Chapter Education Committee, chaired by Susan Appelman, LCSW, and one paper from each school is chosen.


Each winning author is awarded a \$500 scholarship, a one-year membership in NYSSCSW, and the honor of presenting a synopsis of the paper at an awards ceremony to an audience of graduate school deans, faculty, supervisors, Met Chapter Board members, friends and family.

The Scholarship Program was launched in 2011 with three schools participating, and all three deans attended the first awards ceremony. In 2012, four schools participated and, in 2013, all six schools metro-area graduate schools were represented. At the 7th Annual Awards Ceremony on November 1, 2017, five scholarships were presented, bringing the total number of recipients to 34.

## Named for Diana List Cullen, Past Met President

In 2013, the program was named the Diana List Cullen Memorial First Year MSW Student Writing Scholarship in honor of the esteemed Past President of the Met Chapter, an enthusiastic learner who came to the profession of clinical social work after successful creative careers in dance and pottery. At that year's Awards Ceremony and each subsequent one, Susan Appelman gave a brief eulogy in memory of Diana's zest for learning.

Attracting new professionals to join the Society is a key goal of the program, and in that it has succeeded. Membership by current and recent graduate students continues to grow, and the new members often recruit their colleagues as well.

Beyond that, several students have become active members, for example, Devin Bokaer was a Student Representative to the State Board; Harvey Weissman is the current Co-Chair of the Met Chapter Committee on Substance Use Disorders and Behavioral Addictions; Raji Edayathumangalem has presented to the State Board and at the recent Professional Development Day; and Rina Ben-Benyamin is the current Student Representative to the Met Chapter from the Wurzweiler School of Social Work. 

# COMMUNICATING IN THE DIGITAL AGE

By Helen T. Hoffman, LCSW, Website Editor

What messages should be conveyed to our website visitors? How can we facilitate dialogue with newcomers and longtime members? How can we reach a larger, more diverse audience?

Those types of questions have been debated within the Society for decades. In the case of the Website, [www.nyssscsw.org](http://www.nyssscsw.org), two makeovers were undertaken in recent years to incorporate more cutting-edge technology and offer greater visual appeal and functionality.

Visitors to the site now will discover a fully searchable Membership Directory, as well as the “Find a Therapist” feature directing them to Society members who hold the LCSW. A Marketplace feature for classified ads is in the works.

Clinicians find that becoming a member or renewing online is quicker and easier, and they can use a credit card for payment. Those interested in continuing education can scan an up-to-date calendar of events offering CEUs, and if they decide to attend, they can register and complete their evaluations after the event online.

Beyond that, a wealth of information “lives” on the Website. Each issue of *The Clinician* is posted, along with bulletins about key legislation and insurance topics. The extensive archive of practical resources includes such items as *Billing Essentials*.

## **MOST VALUED PERKS: The Listserv and *Friday E-News***

The Society’s listserv, launched in 2007, has become a most valued perk of membership. The more than 1,400 members who are enrolled enjoy communicating in the moment—sharing news, information, tips, analysis—and connecting to colleagues in ways impossible to imagine in the past. Not just an email service, the listserv has become a vibrant cyber-community.

*Friday E-News* has also been a vital source of information since it began in January 2012. Edited by Helen T. Hoffman, LCSW, it is a group e-mail that provides weekly news of general interest to all members across the state. News items include announcements about annual meetings or events presented by the chapters, as well as bulletins about practical issues such as insurance requirements or changes. It is the vehicle for

alerting members to late-breaking developments, for example the SAFE Act, the new CEU requirements, or the phase-out of PQRS.

*Friday E-News* reflects the incredible array of clinical interests of our members. Some of their presentations have included: Treatment Failure, Equine Therapy, EMDR, The Effect of Trauma on Children, Compulsive Gambling, Death Anxiety, Best Practices with LGBTQI Populations, Post-Affair Obsessive Questioning, Sexuality and Aging, the DSM 5, the Biology of the Beholder’s Response to Art, Self-Care for Social Workers, and Speed Networking. Members have also been alerted to upcoming film discussions and field trips to the Museum of Modern Art.

“The 1,400 members who are enrolled in the Listserv enjoy communicating in the moment—sharing news, information, tips, analysis—and connecting to colleagues in ways impossible to imagine in the past.”

Items can be submitted for *Friday E-News* by noon on Thursday. Send them to [info.nyssscsw@gmail.com](mailto:info.nyssscsw@gmail.com).

To enhance our communications program, we are looking to develop our social media presence, to drive more traffic to the Website, and to offer new content and media, such as video, on the site. We must continue to meet the needs of the newcomer and the long-term member alike, while informing other audiences about the profession. Communications will always be a work in progress and we invite your suggestions for improvements and change. 🗨️

## Metropolitan Chapter

Karen Kaufman, PH.D., LCSW, President

Amy Meyer, PH.D., LCSW

*To commemorate the 50th anniversary of the Society, we present a brief history of the Met Chapter, along with a thank you to Marsha Wineburgh for serving as chapter historian.*

The Society for Clinical Social Work, as it was initially called when founded as one entity in 1968, was what we know now as the Metropolitan Chapter. The founders, graduates of the Postgraduate Center for Mental Health's Adult Psychoanalytic and Psychotherapy Institute (Manhattan), sought to protect clinical social work in private practice. There were an initial 125 members, and the first President was Robert Lampert. During the first year, the *Clinical Social Work Journal* was also founded by Mary Gottesfeld.

Fifty years later, the Metropolitan Chapter continues to provide numerous opportunities for members to network, discuss relevant and meaningful clinical issues, and engage in intellectual discourse. This year, 2018, started with several of our committees offering book discussions and informative presentations. Among recent programs, the Committee on Aging hosted a book discussion group; the Education Committee sponsored a discussion by Richard Joelson, DSW, LCSW of his book *Help Me!*; Family Practice hosted a program on serious mental illness and divorce; and the Committee on Substance Use Disorders and Behavioral Addictions sponsored a well-attended presentation by Michael

### FIND CHAPTER INFORMATION AT [WWW.NYSSCSW.ORG](http://WWW.NYSSCSW.ORG)

Each chapter's activities, events, board and committee leaders are listed on our Website. Contact your chapter to find out how to pursue your interests, share your expertise and become more involved.

Crocker, DSW, LCSW on out-of-control sexual behavior as a symptom of insecure-attachment. In addition, the Committee chaired by Michael has been renamed, from LGBTQ to the Committee on Gender and Sexuality, for more inclusivity and to reflect social change.

To continue building our 800-plus member base, the Membership Committee hosted a major event in February geared toward graduate students and new professionals. The full day began with Hafina Allen, LCSW, who works on both the Committee and the State Board, offering guidance related to licensing; a former scholarship winner and current liaison to the Membership Committee, Raji Edayathumagalam, offered insight into her transition from student to professional; and many of our members contributed their professional expertise to a round-robin style informational session on the various fields of practice. This event was well attended by students from the local graduate programs and has resulted in a surge of membership applications.

Additionally, the quarterly Happy Hour event held in February, sponsored by the Membership Committee, attracted new members and engaged current but non-active members. We are delighted to see an increase in students and young professionals joining as members; they are the future of our profession. 🍷

At Professional Development Day, graduate students had the opportunity to consult with members of the Society.



## Rockland Chapter

Orsolya Clifford, LCSW, President

### *Board Members Speak: Thoughts about the Chapter and the Society on its 50th anniversary*

“What I find unique about the Rockland Chapter is that we provide a wonderful variety of events. They have included noteworthy CEU and non-CEU presentations, such as a film and commentary by Isaac Shamah, LCSW; group case presentations and discussions; networking events; and mentoring groups for students. Most of all, we have a wonderful Board that creates a family-like environment.

What is memorable for me is not only the welcome I received from senior Board members Shirley Ross and Beth Pagano when I first attended events, but how their dedication and excitement inspired me to join the Society. And they continue to encourage the NYU students and other clinical social workers to attend events and join our chapter.”

—Dore Sheppard, Ph.D., LCSW, *Past President, State Member-at-Large*

“For me, there is so much that makes our chapter meaningful. I first was introduced to the Society when I was in school, working towards my MSW. At that time, as I was forging my professional identity, I attended a clinical meeting. Being with experienced clinicians who remained dedicated and passionate in their work was quite impactful! Learning outside of the classroom also added new dimensions. Our chapter has a warm and caring environment in which members are valued for their unique selves and their contributions. We are guided by our President, Orsolya Clifford, who shares of herself tirelessly.”

—Lyn Leeds, LCSW, *Membership Chair and Treasurer*

“The best things about the Rockland Chapter? 1 – We meet at the same place consistently, in a cozy room, 2 – We have a good relationship with NYU students and, 3 – We have members out of state.”

—Kevin Melendy, LCSW, *Education Chair*

“The Rockland Chapter was established in the 1970s and has been providing professional support to the social work community ever since. We are proud to serve many longstanding members as well as new graduates. Our monthly gatherings are a treasure—wonderful opportunities for a diverse group of social workers to network, share ideas and grow. It has been my honor to be a part of the Board for 15 years, and to serve as President for five years. There is a wonderful spirit of camaraderie here at the Rockland Chapter. It is an ideal place for professional support, growth and development.”

—Orsolya Clifford, LCSW, *President*

## Westchester Chapter

Andrea Kocsis, LCSW, President

Susan Jocelyn, Ph.D., *Leadership Committee Chair*

We are pleased to report that a successful transition to a collaborative style of leadership is underway. Our new President is Andrea Kocsis, LCSW and our new Chair of the Leadership Committee is Susan Jocelyn, Ph.D.

We continue to hold meetings on the first Saturday of each month. Our day starts at 9:00 am with meetings of the clinical interest groups including Peer Consultation; Therapy with Children, Adolescents and Their Families; Group Therapy Practice; Mentorship/Private Practice/Career Building; and Integrating Mindfulness, Applied Neuroscience and Psychotherapy Practice. Networking, refreshments, and a brief business meeting take place between 10:00 and 10:30 am, followed by a two-hour presentation and discussion.

Our dynamic presentations, all offering CEUs, have included: Hypnotic Approaches for Non-Hypnotic Therapists; Forever Goodbyes: A Developmental Approach to the Assessment and Treatment of Parentally Bereaved Children; Everything You Wanted to Know About Benzodiazepines but Didn't Know Enough to Ask; and Story and Narrative in Psychotherapy: Theory and Technique.

Throughout the year, we offer three 3-CEU and six 1.5-CEU presentations and a movie/discussion meeting, with schedules and times adjusted accordingly. The film presented in February was *Enough Said*, starring James Gandolfini and Julia Louis-Dreyfus. It stimulated a lively discussion about relationships among lovers, parents and children, and friends.

Our Leadership Council meets bi-monthly to sustain chapter functioning, and we have very active committees: Education, Membership & Program Registration, Hospitality, Newsletter, Legislative and Website. The chapter has an active and collegial membership and we welcome new members. 🗨️

CONTINUED ON PAGE 16



## NYSSCSW's 50<sup>th</sup> ANNIVERSARY CELEBRATION

*In March, members and guests enjoyed lunch and a scenic Manhattan cruise aboard the yacht Atlantica.*



TOP ROW: Shannon Boyle and Michael Rusoff; Janice Gross, Carol Pavin and Marsha Wineburgh;  
CLOCKWISE FROM ABOVE: Ellen Weber, Renmengya Zhou, Michael Cheung, Richard Joelson  
and Sandra Jo Lane; Adam Banks and Helen Hinckley Krackow; Joseph and Barbara Reiher;  
Sheila Guston, Beth Pagano and Shannon Boyle; Lynne O'Donnell, Lisa Laudante, Carol D'Andrea  
and Judith Nadel





TOP ROW: Andrea Kocsis and Susan Jocelyn; Susan Klett and Sandra Indig; Marilyn and Al Du Mont; ABOVE: Christine Peak, Liz Kleinman, Phyllis Diamond and Marilyn Leberman; Linda, Trevor and Annika Hill, Helene Brenner and Karen Kaufman; BELOW: Dennis Guttman, Shirley Sillekens, Henni Fisher, Richard Karelis, Helen Hoffman and Jay Korman; BOTTOM LEFT: Scott Williams and Raymond Batista; LEFT: Sharon Kern-Taub and Julie McLocklin



Photos: Tony Lopez

## Queens Chapter

Lynne O'Donnell, President

As we wax nostalgic upon the 50th Anniversary of our Society, I am taking the time to reflect on my own history as a member. When I joined in 2002, I was in full time private practice and raising three teenagers. Thankfully, I had a good client base, the result of word-of-mouth referrals from a Parenting Workshop I had presented. It was a very busy life.

Although, at the time, I always had clinical supervision, I had begun to feel as though I was practicing in virtual isolation. Despite excellent feedback from supervisors and clients, a feeling of self-doubt was always somehow present or floating nearby.

My close friend Debbie Kaplan, who I met in NYU graduate school of social work, came for lunch one afternoon. Having just completed her tenure as Queens Chapter President, she enthusiastically encouraged me to join the Society. I would really enjoy it, she said, especially the connection with other professionals.

On her wise recommendation, I began to attend monthly chapter meetings. Initially, I found myself reticent to share in the lively exchanges about treatment and theory. But when I finally did, my confidence as a practitioner began to grow in new ways.

Bernie Glintz, LCSW, BCD was Chapter President at the time, and he was great at moderating meetings and encouraging exchanges. We had presentations by amazing speakers on diverse topics, from equine therapy, to dream analysis, to how to grow your practice. While it was always a push for me to get out on those Sunday mornings, I hated to miss a single meeting.

My love of learning was being nourished. And, I was becoming more competent in handling practical matters, for example, dealing with insurance companies. Shirley Sillekens, LCSW serves as the chapter's navigational guide through those murky waters, and she definitely deserves a medal.

Learning about new legislation and the Society's strong voice in the legislative process also gave me more confidence. Al Du Mont, LCSW, BCD, a longtime member who served both as Chapter and State President, always inspired us with his innovative ideas for advancing the growth and health of the Society.

Over time, I found myself assuming more responsibility, first as chapter Secretary, then as Co-Chair of Education, and finally, in 2014, as President, following the tenure of the esteemed Fred Sacklow, LCSW.

The chapter weathered a few difficult years after we lost our home at Holliswood Hospital. Fred led us through our nomadic period, travelling to out-of-the-way venues for our meetings. Then, in the fall of 2014, Fran Lombardi, LCSW-R made an important connection with people at Queens Hospital Center. Since then, they have generously provided us the use of their modern, light-filled facility.

“Diversity, commitment and down-to-earth professionalism distinguish the membership of the Queens Chapter.”

Diversity, commitment and down-to-earth professionalism distinguish the membership of the Queens Chapter. From the most experienced practitioners to the newest, there is an openness and genuineness that never fails to impress. Others notice it too: I regularly get feedback from visiting speakers about what a pleasure it has been for them to work with us.

The Queens Chapter has had consistent growth, attracting new members and returning past members. We are also seeing many new attendees at our events.

This Society has been a great gift to our profession for 50 years. Congratulations are due to each person who contributed to its success, laying the foundation for even greater achievements in the future! 🍀



## ***Reflections*** by Shirley Sillekens, LCSW-R, BCD

***Flashback to 1973***, when some Society members met in Cecille Dunn's home to plan the formation of their own chapter. Due to their commitment and diligence, the Queens Chapter was soon established and integrated into the State Society.

The early members were especially energetic and productive. Many served in more than one capacity, for example Joe Ventimiglia, who was Legislative Chair and Treasurer for countless years. Some also participated in other major professional organizations in the social work field.

Despite being one of the smaller chapters, Queens had a significant impact on the State Society. Many members participated and took leadership roles at the chapter and state levels. For example, Haruko Brown served as a Member-at-Large, and Allen Du Mont was President of both the Chapter and the State Society.

Queens also helped formulate the Society's ethics guidelines; I worked closely with State Ethics Committee Chair David Phillips on this project. The Society awarded its highest honor, Diplomate Status, to Allen Du Mont and to me.

On February 28, 1993, the Queens Chapter celebrated its 20th anniversary with a gala brunch. Awards were presented to seven Past Presidents, most of them founding or early members: Consuelo Alsapiedi, Haruko Brown, Cecille Dunn, Allen Du Mont, Robert Galardi, Joseph Ventimiglia and myself.

In the late 1990s, the chapter underwent a hiatus, suspending its activities for about a year. However, it was revived, due to the commitment of the many members who believed in its long-term viability. On June 3, 2000, they met in Al Du Mont's home to reorganize under the capable leadership of Debbie Kaplan as President. The Queens Chapter proved to be resilient and it came back with renewed vigor.

For many years, we published a chapter newsletter, *The Queens Phoenix*, that profiled the members and provided professional information. Its three editors were Mary-Ellen Siegel, Dave Perry and Roz Gold.

Since it was founded, the Queens Chapter has been oriented to clinical social work education, with monthly presentations, annual conferences and programs geared to membership drives. Some members, for example, Hanna Turken, present frequently on clinical issues and psychoanalytic topics. Lisa Laudante, our Education Chair, works in conjunction with the ACE Foundation to provide educational programs.

This has been only a glimpse into our history and present-day activities. The contributions of a great many dedicated members continue to keep the Queens Chapter vibrant. 🍷

**NOTE:** An article by Al Du Mont, Past President of the Society and Queens Chapter, will appear in the fall issue.

CONTINUED ON PAGE 18

## Nassau Chapter

Joseph Reiher, LCSW-R, BCD, President

As I sat down to write this report, I found myself slightly overwhelmed by the fact that the Society has been in existence for 50 years. So, I began a search for information about when the Nassau Chapter was founded.

I thought it would be easy, but after calling and e-mailing a bunch of people with no success, I felt somewhat let down. I was prepared to accept failure when, out of the blue, I received a call from Maria Warrack, LCSW who informed me that she joined the budding Nassau Chapter 49 years ago!

In the early years, she said, the members met in one another's homes until the chapter grew larger and space was rented. Maria remembers vividly the day that social workers finally achieved parity and could bill insurance. The State Board held a great party at Tavern on the Green, and the Nassau Chapter followed up with a party at her home. So, thank you, Maria, for saving me.

One milestone in our chapter's history occurred in 1999. Nassau County was experiencing a major financial crisis and steep mental health cuts were proposed by County Executive Thomas Gulotta. In response, the Nassau Chapter formed a Legislative Committee under the leadership of Susan Kahn, LCSW. The committee developed a position paper and a set of proposals to restore funding for mental health services. The crisis was ultimately averted with the election of Thomas Suozzi as County Executive, and the State's appointment of the Nassau County interim finance authority.

"I have always believed that membership in the Society and this chapter is important so that we can make our voices heard in the legislative process and protect funding for mental health services," Susan said.

In 2000, *Nassau NewsNotes*, now called *Nassau/Suffolk NewsNotes*, was founded with Sheila Peck, LCSW as Editor, Prue Emery, LCSW as Clinical Editor, and Bunny Chapman as Administrator. We are proud of this semi-annual newsletter which includes messages from our presidents, professional papers, news about membership, and


discussions of goings-on within our chapter. It also includes coming events, discussions of patient issues, and provides a vehicle for advertisements from our members. With the inclusion of the Suffolk Chapter, we have expanded our circulation. Susan Kahn is the current Editor.

In 2004, the chapter held its first Book-Author Brunch, featuring guest speaker Francine Coumos, M.D., who discussed her book, *City of One*. The event was so well received that it was decided to make the Book-Author Brunch an annual event. The brunches continued for several years.

We continue to meet our members' educational needs with a variety of programs. The most recent event featured Roger Keizerstein, LCSW, speaking about Post-Traumatic Stress and Accumulated Stress Injury: An Emotional, Behavioral and Neurologic Perspective. Our Committee on Aging, originally chaired by Maria Warrack, now by Norman Perkins, LCSW, meets monthly, and we began a series called *Let's Talk*, under the leadership of Judith Schaer, LCSW. Last year, we held our first "Spring Fling," a social gathering for members. It was a success, and we expect a good turnout at this year's Fling in April.

This is an opportunity to acknowledge the outstanding contributions of Sheila Peck, LCSW-R to the Nassau Chapter. Her spirit, enthusiasm and love spurred our growth in many ways. In addition to her own practice and busy life, she presided over a Mentoring Group and chaired the Transitioning to Private Practice group. She is greatly missed.

In her honor, we have established the Sheila Peck Scholarship at Molloy College School of Social Work. The idea grew out of discussions with the school on the best way to use our annual contribution. Patricia Traynor, LCSW-R worked with the faculty, under the steady hands of Dr. Amy Myers, to develop the format. The first scholarship will be presented next year's Spring Fling.

The Society's 50th anniversary celebration is also my opportunity to say how proud I am to be a part of this distinguished group of talented and committed professionals. It is a privilege to play a role in this amazing organization, and I thank everyone for their dedication and support. 



## Mid-Hudson Chapter

Rosemary Cohen, LCSW, President

The Mid-Hudson Chapter was founded in 1979 by Evelyn [Lyn] Hill, CSW, who became its first President. During the early years, two current members of the Board, Carolyn Bersak, DSW, a former President, and Amy Blumberg, LCSW, served as Education Coordinators for monthly workshops. Gloria Robbins, LCSW and Jeanne Asma, LCSW later served as Presidents. Dr. Jacinta Marschke, a member since the early 1980s, served as the Society's President and as a member of its Legislative Committee.

The chapter co-sponsored annual clinical conferences with Family Services, Inc., NASW Hudson Valley Division, and

***“We co-sponsor a clinical conference and offer four clinical workshops annually.”***


Dutchess County Community College [DCCC]. Having attended these early conferences, I can report that the Director of Family Services, Dr. Steven R. Angell, would welcome the large audiences in the DCCC cafeteria and serve them sherry before lunch—a fondly remembered tradition.

The conference speakers included Dr. Monica McGoldrick, a pioneer family therapy theorist and therapist, and Dr. James F. Masterson, the psychiatrist who helped inaugurate the study and treatment of personality disorders.

During the past decade, the chapter co-sponsored conferences with Adelphi University Hudson Valley Graduate School of Social Work, the Marist College Psychology and Social Work departments, NASW Hudson Valley Division, and other organizations. Dr. McGoldrick returned several years ago to present her work as it has evolved.

Currently, we offer four annual clinical workshops for the professional mental health community within and beyond the Mid-Hudson Valley. Family Services and Vassar Hospital in Poughkeepsie, and Health Alliance Hospital, in Kingston, generously provided us with conference rooms in the past, as does Mental Health America Dutchess County in Poughkeepsie now.

The Peer Consultation Group has met monthly, year-round, for more than ten years. Founded by Jeanne Asma, LCSW-R, and Linda Hill, it is open to members and non-members alike who are licensed to provide assessment, diagnosis and treatment.

The chapter thrives through the support and guidance of the State Board, the ACE Foundation, and the steadfast inspiration and labor of its board, committee chairs and many members. 

## Staten Island Chapter

Janice Gross, LCSW, President


Our 2017–2018 educational calendar began in October, when Janice Gross, LCSW presented, “Navigating the Treatment of Extramarital Affairs.” The audience of more than 60 clinicians was especially interested in the case material and how to handle its intensity.

In November 2017, at our Meet the Author dinner, Sari Eckler Cooper, LCSW of the Met Chapter, an AASECT-Certified Sex Therapist, spoke about how to incorporate the essentials of sex therapy and questions about sex into our practice.

In April 2018, we will host Brian Quinn, LCSW, Ph.D. for our Annual Spring Conference. He will present, “Depressed, Bipolar or Borderline?”

Some Chapter History: The Staten Island Chapter was founded in 1975 by a small group of clinicians, including one couple, Sam and Miriam Sterk. Current long-time member Joann Reetz, LCSW was the Educational Chair of the group and hosted many monthly meetings in her home. The agenda included a business meeting and then the educational component, either a case presentation, a film or a book discussion.

Michael DeSimone, LCSW, Ph.D., another long-time member, recalls that several people hosted meetings in their homes, providing support and networking opportunities for clinicians, and helping them feel less isolated in their work. A mostly suburban enclave, Staten Island’s “homey,” comfortable aspect was apparent in those early meetings. Steve Bayer, LCSW, who held several positions on the State Board, remembers how helpful the more experienced clinicians were to those just starting out.

This pattern has continued. I experienced it when I moved to New York and joined the Staten Island Chapter. These days, fewer members can attend monthly Sunday morning meetings, and we have been experimenting with Friday night programs. Nevertheless, we still have a vital membership. 

# State Agency Licensing Exemptions Ending *Awaiting Governor's Sign-Off*

*By Marsha Wineburgh, DSW, Legislative Chair*

In 2002, after 28 years of negotiations, the State of New York created two licenses for the social work profession—the LMSW and the LCSW. In doing so, a minimum standard of education, experience and exam requirements was established to assure that individuals providing mental health services, specifically assessment, diagnosis and treatment of mental illness, were qualified to do so. The scope of practice for the LMSW was less specific, particularly in the area of how practitioners differed from non-licensed staff.

“Our lobbyists are hopeful this process will be swift, leading to full implementation as early as spring of 2019.”

Several state agencies noted they would need time to move their workforce into compliance after the legislation passed. Consequently, a temporary exemption from licensure (initially six years beyond the effective date of 2004) was included in the law for individuals employed in programs and services regulated, operated, funded or approved by the Office of Mental Health (OMH), the former Office of Mental Retardation and Developmental Disabilities (now the Office for People With Developmental Disabilities [OPWDD]), the Office of Alcoholism and Substance Abuse Services (OASAS) and local mental hygiene or social service districts. The list of “exempt agencies” was subsequently amended to add the Office of Children and Family Services (OCFS), the Department of Health (DOH), the State Office for the Aging (SOFA) and the Department of Corrections and Community Supervision (DOCCS).

Three additional extensions have passed since the agencies reported they were unable to meet the initial expiration of their exemption, bringing us to 2018. Finally, the social work community has reached a resolution that will provide a “permanent solution to end the entity exemption.”

## What does this mean for the LCSW?

The end of the exemption will commence one year from the date the State Education Department issues implementation regulations. Our lobbyists are hopeful this process will be swift, leading to full implementation as early as spring of 2019.

- Once implemented, only those authorized to independently diagnose (Article 131 – Physician; Article 139 - Nursing, specifically Psychiatric Nurse Practitioner; Article 153 - Licensed Psychologists; and, Article 154 - Social Work, specifically Licensed Clinical Social Work) may render a diagnosis in any setting.
- LMSWs may still provide all services within their scope of practice (including clinical skills) under the appropriate supervision.
- Unlicensed individuals employed before the enactment date may continue to be employed and continue to perform such duties post enactment.
- Sixty days after the adoption of regulations, impacted agencies shall issue a report to identify the need for resources and investments to fortify the state’s mental health workforce.

Much in the bill is dedicated to differentiating the functions of the LMSW from the unlicensed staff person. Hopefully, this legislation addresses the longstanding confusion about the distinctions between these two entities. 🗳️

### On the 50th Anniversary of the NYSSCSW

*By Jay E. Korman, MSW, LCSW, DCC*

Over the course of the first 50 years of our organization, our profession has influenced many changes. We transitioned from unlicensed clinicians to fully licensed professionals. Along with licensing and recognition by the state as a profession came responsibilities to the public, our patients, and our Clinical Society. Members needed to know how these changes impacted them and how to qualify for their licenses to practice. Our licenses granted us the ability to diagnose patients and to practice without oversight by an M.D. or licensed psychologist, making us the only masters-level mental health profession with those privileges.

At the time we were becoming licensed professionals under state law, other changes were happening nationally and statewide. The Health Information Portability and Accountability Act (HIPAA) was instituted to set a minimum standard for patient privacy during the electronic transmission of Protected Health Information (PHI). New York State had enacted strong privacy rules for information concerning HIV/AIDS and gun control. Licensed members had concerns about how these new regulations affected their clinical practices.

Led by the late Hillel Bodek, MSW, LCSW, the late David Phillips, DSW, LCSW, and others, the Committee on Ethics and Professional Standards helped to keep members informed about the changes and how to comply with the new requirements. One contribution the Committee has made was reviewing and rewriting the Code of Ethics to reflect current regulations. The Committee also issued bulletins and entries in *The Clinician* to keep us informed about legal and ethical issues involved in clinical social workers as diagnosticians, such as Development of the Current DSM, Informed Consent, Malpractice and the Standard of Care, and Misdiagnosis. The Committee also raised questions about what has happened to confidentiality and answered questions about complying with the 2013 revisions of the HIPAA regulations.

That was the first 50 years. Building on that foundation, we are continuing to respond to members' questions about best practices around ethical issues.

Now we are looking to the future. The use of technology in the practice of clinical social work is here and so we are again reviewing and amending our Code of Ethics to account for the changes this brings to our practices, both legal and ethical. Whether it is a question of what is required for using technology for the delivery of services or for keeping records on our computers or on the web, the Committee is working to keep our members informed on how technology and HIPAA (as well as New York State privacy laws, which are more restrictive and therefore take precedence) interact. Telepractice is here to stay, and we want to help our members be informed about and safely move into this new modality of practice.

We look forward to the next 50 years of serving our patients, our Society, and the public. 

Happy 50th Anniversary to the New York State Society for Clinical Social Work. The staff at TMS were very honored to take part in the celebration aboard the yacht *Atlantica* in March.

In the weeks leading up to the cruise, we helped collect photos and memorabilia for a slide presentation. They tell the story of the many hardworking and dedicated members who built this Society and achieved so much.

It has been a busy few months at Headquarters. The Professional Development Day in February was well received by the students who attended. We are hoping to see this become an annual event.

Preparations are underway for the Annual Education Conference on April 21, and registration is going very well. The new online registration feature for continuing education programs has streamlined what was once a very time-consuming task. Membership renewals also went well this year with the new online form, added in November, simplifying the process.

We hope to see you at upcoming events as we continue to celebrate this, our 50th anniversary this year.

*Wishing the Society continued success,*

*Kristin*

Kristin Kuenzel, Administrator

Sheila Guston, President,  
Total Management Solutions, Inc.

Jen Wilkes, Administrative Assistant

TEL: 800-288-4279

EMAIL: [info.nysscsw@gmail.com](mailto:info.nysscsw@gmail.com)

# COMMITTEE FOR Creativity and Neuro-Psycho-Education In Clinical Practice

## ABOUT THE COMMITTEE

### WHO

We are clinical social workers with a background in the creative arts and/or interest in the creative process and neuro-biology. The first formal meeting was held January 1997.

### WHAT

We are a specialty group whose foundations are rooted in aesthetics, clinical theory and techniques culled from a diversity of psychotherapeutic approaches and neuro-biology.

### WHERE

As school, geriatric, agency social workers and clinicians in both private and institutional settings, we consciously employ non-verbal and verbal modalities.

### WHY

We believe the arts are a basic part of human communication and are driven by the union of cognitive and affective functioning (mind/body awareness). We adhere to the person-in-context view of psychotherapy. Our goal is to explore and benefit from the cross-pollination of creativity and creative process with neuro-psycho-education.

### HOW

We offer presentations by members and guests, conduct study groups, and provide peer consultation. We also offer guided tours in the arts related to clinical practice. All activities, including our participation in meetings and conferences of other societies, are posted on our Website.

Our format is generally educational, often experiential or exploratory. We attempt to synthesize theory and practice in our presentations and activities. We encourage those who attend events to present examples from clinical practice.

The last few months have proven, as promised, to be a most rewarding time for museum visits. Fortunately, we have been able to “cherry pick” the best exhibits relevant to our clinical practice concerns.

The first to start this new cycle of museum tours was at the Metropolitan Museum of Art (MoMA) on Sunday, December 17, 2017. We saw Michelangelo’s incredible drawings of the human figure. A few of us went on to see the delightful and colorful exhibit by David Hockney.

This year, on January 21, we viewed the surprising and informative exhibit, Louise Bourgeois, *An Unfolding Portrait*. It was evident that she employed the human figure as a vehicle for comprehending her fears, desires and vulnerabilities.

On March 4, seven of us gathered at MoMA to enjoy *Tarsila: Inventing Modern Art in Brazil*. We all wondered about and questioned her view of cannibalism: was it literal or symbolic as it pertained to Brazilian culture and to our view of incorporation and rage as clinicians.

### Upcoming Museum Visit

In April, we plan visit the Frick Collection to see the once-in-a-lifetime exhibit, Zurbarán’s *Jacob and His Twelve Sons: Paintings from Auckland Castle*. The show explores the works in historical, cultural and religious contexts.

### Committee Presentations (CEUs are Offered)

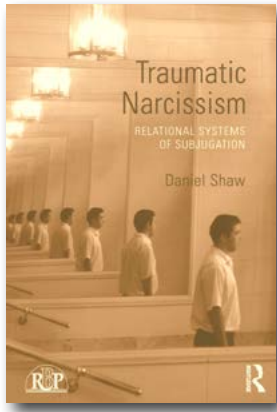
- April 8, Rockland Chapter: *Beholder’s Share through the Lens of Neuroscience, Art and Psychoanalysis*.
- May 30 to June 1, New York University: The 41st Annual International Psychohistorical Association (IPA) Conference.

---

**Sandra Indig, LCSW-R/LP, ATR-BC**, *State Committee Chair*,  
sindig@earthlink.net

**Inna Rozentsvit, M.D., Ph. D, MBA, MSciEd**, *NeuroPsychoEducation Chair*,  
inna.rozentsvit@gmail.com

*Reviewed by Debra Koppersmith, LCSW*



## *Traumatic Narcissism: Relational Systems of Subjugation*

*By Daniel Shaw*

(Routledge 2014)

**T**he trauma referred to in Daniel Shaw's title is not experienced by narcissists, but by those who find themselves in relationships with them. In this powerful and highly readable book, Shaw describes in detail his understanding of what it means to be entrenched in a relationship in which an authority figure aims to subjugate another.

His work on this subject is informed by his personal history of living in an ashram in upstate New York for 10 years. While there, he was repeatedly denigrated by his guru and finally, after enduring this for years, was able to walk away. This experience inspired him to try to understand what drove his guru to interact with him and others in this manner and why the guru's followers participated in their own humiliation.

His exploration of the unique dynamics that occur within cults led him to a broader consideration of how those he calls traumatizing narcissists pursue their goal of complete authority through shaming and rigid control of others, while at the same time projecting and disavowing their own needs and dependency.

Shaw acknowledges the difficulty of gaining insight into the minds of these traumatizing narcissists because they are not able to tolerate self reflection and

are unlikely to come into therapy. Consequently, we get to know them through the eyes of people they have damaged and by learning about the impact that these psychic collisions have had on their lives. What these patients show us is that a narcissistic relational experience is so dehumanizing that it is ultimately impossible to endure. In virtually every case, the relationship saps the patient's vitality, autonomy and subjectivity, as they are controlled, subjugated and exploited. In the most severe cases, the psychic abuse can cause its victims to feel invisible and destroy their identities and even—if not recognized and treated—their lives. Through this lens, we can see how patients have experienced the developmental trauma of objectification through subjugation.

### **Relational Perspective**

From a well informed relational perspective, Shaw provides rich and powerful theoretical and clinical material by which to deconstruct the developmental world and patterns of abuse that encompass the narcissists and their subjects. Underscoring the relational ideas of intersubjectivity, mutuality, co-construction, complementarity, doer/done to dynamics and, highlighting the conceptual frameworks of writers such as Jessica Benjamin, Irwin Hoffman, and Steve Mitchell, he looks at a variety of interdependent relationships. He deconstructs patterns of relational trauma that define, control and corrupt the very essence of mutual recognition and love - or - what Leonard Shengold describes

CONTINUED ON PAGE 24

so effectively as “soul murder” of the lives of those traumatized.

The relational dynamics of traumatic narcissism occur across the spectrum in our society, and Shaw explores this in the context of families, groups, and politics. Whether the relationship is a parent and a child, a couple, a patriarch and his children, or a leader and his followers, the traumatizing narcissist is an authority with the unrelenting intention to create a dynamic in which a sense of superiority is maintained by destabilizing the other.


“Although the book was written in 2014, its description of how, historically, we have been collectively traumatized and controlled by narcissistic leaders presages the election of Donald Trump and its aftermath.”

In a section on cults, he elaborates on the exploitative relational systems of authority in analytic institutes, particularly The Sullivan Institute. Cataloging destructive practices that include the encouragement of incest and sex with one’s therapist, he describes the two leaders who created a system that supported their own omnipotence by controlling and demonizing their members, many of whom lived together, communally. Families were pulled apart, members were encouraged not to have contact with their children, and many couples divorced and remarried each other’s spouses. Shaw poignantly concludes that, before being exposed, this cult practiced nothing less than mental torture.

Although the book was written in 2014, its description of how, historically, we have been collectively traumatized and controlled by narcissistic leaders presages the election of Donald Trump and its aftermath. With what now seems like uncanny prescience, he cautions

about the dangerous tendency of narcissists in positions of authority to maintain power and control by means of intimidation, belittling, condescension and blaming others.

The book’s appeal and accessibility are due, in part, to the personal experiences Shaw writes about. As both a victim of and witness to coercive and sadistic humiliation, he brings an honesty regarding his own vulnerability that enriches the book’s impact. His work is also informed by his understanding of traumatic narcissism as depicted in literature. For example, he tells of a moving personal experience after seeing Eugene O’Neill’s autobiographical play, “Long Day’s Journey Into Night,” when he was prompted to delve into O’Neill’s life. In doing so, he discovered a significant omission from “Long Day’s Journey” and, indeed, from all of O’Neill’s autobiographical work: there is no mention in them of O’Neill’s disowning and disinheriting of his three children, two of whom committed suicide and one who became a depressive alcoholic. It can thus be seen that O’Neill’s presentation of himself as the despairing tragic hero, whose need for the love of his morphine-addicted mother could never be satisfied, covers the contempt and envy he feels toward those—including his own children—who compete for a parent’s love. What Shaw goes on to describe is the pain and sorrow of inter-generational narcissistic trauma that goes unrecognized with tragic and lethal consequences.

Despite his heart-wrenching recognition of the “psychological enslavement and parasitic exploitation” that is created by charismatic leaders, Shaw also strikes a note of optimism. Speaking of his deep regard for Erich Fromm, for whom narcissism was the opposite of love, he suggests that, when there is the capacity to give and receive love, there is hope for those traumatized. 

---


**Debra Koppersmith** is a psychoanalyst, clinical social worker and educator. She is on the board of the AAPCSW and co-editor of their on-line monograph, on the editorial board of *The Psychoanalytic Review*, and a training and supervising psychoanalyst at NPAP. She has written and presented papers on early childhood parental loss and trauma, among other topics, at national and international conferences. She has a private practice in New York City and Dobbs Ferry.



multicultural issues to developmental issues to couple's issues, and so on. For the most part, the presenters have been clinical social workers.

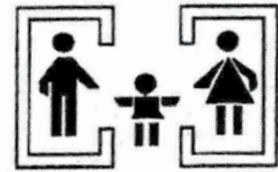
The Society has supported the establishment of specialized practice committees including psychoanalysis, family therapy, couples therapy, creative arts, neurobiology, hypnosis, aging issues and forensics.

A milestone of our first 25 years was the achievement of insurance reimbursement under the able leadership of Marsha Wineburgh, our seventh President and longstanding Legislative Chair. The Society lobbied all through the early 1980s until the passage of the "R" bill occurred in 1984, under President Jacinta Marshke. This recognition by the legislature and insurance companies went a long way toward strengthening the field and clinical social workers as private practitioners.

In its second quarter century, the Society learned the limitations of insurance reimbursement, and created the political conditions to achieve passage of licensure, again under the guidance of Marsha Wineburgh. The history of this effort will be covered in future issues of the newsletter. 

## Divorce Mediation Center of L.I.

Established 1982



- Mediation Explained
- No Cost Consultation
- Brochure Available
- Legal Referrals Provided

Mineola and  
Commack Locations

For Information Call:

**Emanuel Plesent**

L.C.S.W., Ed.D.

Director

**(516) 747-1344**

WEBSITE: [www.divorcemediationli.com](http://www.divorcemediationli.com)  
EMAIL: [divmediationli@aol.com](mailto:divmediationli@aol.com)



 **NYU** | SILVER SCHOOL  
OF SOCIAL WORK

# DSW PROGRAM

## in Clinical Social Work

Enhance Your Clinical Leadership Skills in:  
**ACADEMIA | SUPERVISION | PRACTICE THEORIES**

.....

**The DSW program at NYU Silver is focused on preparing licensed social workers for leadership roles in academic and agency settings.**

Our three-year, part-time program provides opportunities for independent study with **renowned faculty** specializing in clinical intervention research and mental health services. Students participate in **publication development** workshops with faculty who serve as editors and reviewers of professional journals. Students are provided with **internships** in either teaching or clinical supervision.

.....

**NOW ACCEPTING APPLICATIONS FOR FALL 2018.**

For more information and to apply, visit:  
**[socialwork.nyu.edu/dsw-2018](http://socialwork.nyu.edu/dsw-2018)**

New York University is an affirmative action/equal opportunity institution.

**Unique, conveniently located professional office space, available in Smithtown and Riverhead.**

**Conceptualized by a Therapist for Therapists.** It is an excellent opportunity for both new and seasoned clinicians to start their practice or open a satellite office. We support your needs whether it's for one day, a full week or anything in between.

**Furnished offices offer exceptional** soundproofing, large windows, ambient lighting, and client/clinician privacy. Office suites vary from 120 to 190 sq. ft. The two floors have private entrances, convenient waiting rooms, bathroom, kitchen, Wi-Fi and use of printer/ copier. Conference rooms are available for group therapy. First floor offices are handicapped accessible with an additional bathroom that meets ADA requirements. Each location includes ample parking, electronic locks for exits and entrances.

**SOLUTIONS**  **NS**


THINKING IN A NEW SPACE

**Call 631.724.2082** or go to  
Solutions Smithtown  
**[www.thinkinginnewspace.com](http://www.thinkinginnewspace.com)**  
Solutions Riverhead  
**[www.solutions-riverhead.com](http://www.solutions-riverhead.com)**

*Discover your potential...*  
Post-graduate education is a  
lifelong journey



- ✦ Psychoanalytic Training
- ✦ Adult Psychotherapy Training
- ✦ Child & Adolescent Psychotherapy Training
- ✦ Couples Therapy Training
- ✦ Supervisory Training
- ✦ Low-cost Psychotherapy Service
- ✦ Clinical Consultation for Therapists
- ✦ Training Opportunities for LMSW's

  
**WCSPP**  
WESTCHESTER CENTER  
FOR THE STUDY OF  
PSYCHOANALYSIS &  
PSYCHOTHERAPY  
Celebrating 40 Years of Excellence in  
Psychoanalytic Scholarship and Service

Chartered by the Regents of the University of the State of New York in 1974,  
WCSPP provides training in psychoanalysis and psychotherapy across a  
range of contemporary psychoanalytic approaches.

468 Rosedale Avenue, White Plains, NY 10605 ✦ (914) 997-7500  
[www.wcspp.org](http://www.wcspp.org)

## Classified Ad Rates

**\$30 for 30 words.**

Just \$1.00 a word thereafter.

Send typed copy and payment to:

**Ivy Miller**  
3 Sunset Drive  
Sag Harbor, NY 11963

Or, email copy to [ivy.lee.miller@gmail.com](mailto:ivy.lee.miller@gmail.com)  
and mail payment to address above.



# CMPS

Center for Modern Psychoanalytic Studies

A New York State Licensure-Qualifying Institute

Chartered by the Board of Regents of the University of the State of New York

## Certificate Program in Psychoanalysis

- Comprehensive training in the theory and practice of psychoanalysis
- Supervised practice in our on-site clinic
- Engaging, interactive evening classes for working professionals

## CE Credits for Social Workers and Psychologists

**One-Year Program (60 CE Credits)** introduces modern psychoanalytic theory and technique through four semester-long courses (**15 CE Credits each**). Students enhance their therapeutic skills and generate insights about themselves, their work, and their patients. **Classes meet Mondays from 6:00-9:10PM** (two 90-minute classes with a 10-minute break). **Fall Semester:** *The Maturation Process; Transference and Resistance* **Spring Semester:** *Analytic Listening; Countertransference*

**CMPS Extension Division** offers courses, workshops, and special events that bring a modern psychoanalytic perspective to a wide range of topics, some offering CE credits. The one-semester course, **Introduction to Modern Psychoanalysis**, offers **15 CE credits**. All offerings open to professionals and the public.

**Open Houses:** October 24, 2:15 PM ■ November 9, 6:00 PM ■ December 7, 6:00 PM

CMPS, 16 West 10th Street, New York, NY 10011 ■ 212.260.7050 ■ [cmps@cmps.edu](mailto:cmps@cmps.edu) ■ [www.cmps.edu](http://www.cmps.edu)

## THE LAW OFFICES OF BRUCE V. HILLOWE, J.D., Ph.D.

A LAW PRACTICE EMPHASIZING  
MENTAL HEALTHCARE LAW, HEALTHCARE LAW  
AND GENERAL CIVIL PRACTICE

An attorney with 30 years of experience, Bruce  
formerly practiced as a psychologist. He  
represents mental health practitioners,  
institutes and agencies for all their legal needs.

### TELEPHONE CONSULTATIONS AVAILABLE:

**(516) 877-2016 & (800) 286-0369**

1122 Franklin Avenue, Suite 402  
Garden City, New York 11530

For more information visit our website at  
[www.brucehillowe.com](http://www.brucehillowe.com)



## Psychoanalytic Training Institute Contemporary Freudian Society

Formerly New York Freudian Society

**Innovative Programs in NYC & DC**  
emphasize analytic listening and clinical  
immersion, integrating contemporary  
psychoanalytic perspectives. We offer  
small classes and a supportive training  
experience with IPA-member faculty.

**Our NY Adult Psychoanalysis Program  
is a License Qualifying (LP) program.**  
All Masters-level professionals are welcome  
to apply. LMSW's may receive supervised  
experience credit toward LCSW certification.

**Monthly Saturday classes in DC  
facilitate training from a distance.**

**Additional programs include:  
Child/Adolescent Psychoanalysis,  
Psychoanalytic Psychotherapy,  
and Parent-Infant Treatment.**

For more information call  
Susan Roane, PhD, at 347-725-0080.

Visit us at [instituteofcfs.org](http://instituteofcfs.org)

New York State Society for  
Clinical Social Work, Inc.  
55 Harristown Road, Suite 106  
Glen Rock, NJ 07452



## Clinical Social Work Association

**Membership in CSWA is an investment in your professional growth and development. Remember, CSWA is the only national organization that advocates for your interests! VISIT OUR WEBSITE AND BECOME A MEMBER TODAY!!**

CSWA has been on the front lines to ensure your ability to provide quality clinical care in the foreseeable future. We are currently actively involved in promoting clinical social work mental health services in the Essential Health Plan and protecting Medicare reimbursement. These legislative and policy changes, at the national level, directly affect your ability to practice within your individual states.

CSWA is an independent membership organization which means that social workers need to join as individuals, even if you are member of a state society. Without membership in organizations at state and national levels, your interests are not being protected. The CSWA needs your support to continue with the important work being done nationally -- advocating for the clinical social work profession.

Please join us and receive the following benefits as a result of your membership:

- Legislative advocacy for adequate reimbursement for licensed clinical social workers.
- Ongoing efforts for more effective mental health treatment coverage in the essential benefits.
- State society advocacy and consulting.
- Up-to-date clinical information that informs your practice.
- Free consultative service for legal and ethical questions.
- Discounted comprehensive professional liability insurance.

[www.clinicalsocialworkassociation.org](http://www.clinicalsocialworkassociation.org)

PO Box 10 | Garrisonville, Virginia 22463 | 855-279-2669