



NEW YORK STATE SOCIETY OF CLINICAL SOCIAL WORK PSYCHOTHERAPISTS, INC.

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COMMITTEE ON PSYCHOANALYSIS FORMED

The newly formed committee on psychoanalysis, inaugurated and headed by Crayton E. Rowe, Jr., held its first meeting Saturday, June 21st. A parallel committee for the Federation will also be under. Rowe's direction. He is past president of both the Federation and the NYS Society as well as the National Registry of Health Care Providers and Clinical Social Work.

An early goal for the committee will be the contribution of clinical social workers to the outstanding issues in the practice of psychoanalysis: legislation, standards and practices. The committee plans to establish liaison with other national organizations, bringing clinical social workers into the mainstream of mental health professionals.

Letters have already been dispatched to the American Psychological Association-Division 39 (psychoanalysis) and the American Psychoanalytic Association, the accrediting organization.

The committee will evaluate psychoanalytic training institutes and other advanced training programs. A 1975 study conducted by the Society showed that "clinical social workers are grossly underrepresented as staff members" in training institutes. Although they comprised more than 50 percent of the student body in these institutes, they represented only about 10-20 percent of the staff. Rowe estimates that current figures may be even more pronounced at some facilities. A major focus of the committee's work will be to correct this imbalance.

In addition to confronting the institutes and agencies guilty of the practice, the committee will inform Society members of those facilities with unfair practices so that CSW students can bring pressure on the institutions to correct the situation. In the meantime, members will be encouraged to attend those facilities with a more balanced staff.

The 32-member committee is complete. \Box

General Membership Meeting Attracts Record Number

On Saturday, May 17th, the Society's general membership meeting took place in the Terrace Lounge of the International Center in New York City. Approximately 100 members and guests attended. The meeting began at 2 p.m. as Society President Marsha Wineburgh welcomed those in attendance, especially those who had made the long trip from Upstate New York for the day. She reviewed the meeting's agenda, related some of the Society's goals and achievements during the past year and introduced members of the Executive Board and support staff.

Committee Chairs reported on activities and accomplishments over the past year. They included:

Ethics: David Phillips reviewed the progress of the committee, established during the summer of '79. After a study of codes of ethics from various professional associations, the first draft of the Society's new Code is now almost ready for submission to the Board and, from there, to the chapters for review and suggestions.

Social Action: Part 1 of this report was presented by Chair Martin S. Pollens, who reviewed the committee's work, progress and goals. Currently the committee is studying a suggestion made by Mark Alan Siegel, State Senator and Chairman of the State Assembly Higher Education Committee; this suggestion calls for the abolition of State Boards for Social Work and Psychology and an across-the-board registration of mental health professionals, independent of discipline. An existing tendency on the part of many legislators allows them to see the function of State Boards as one of protecting the professions rather than establishing requirements and qualifications. The committee is presently gathering data to substantiate the importance of professional training, accreditation, and establishing and maintaining standards.

Pollens further reported that the State Board for Social Work differentiates between Ph.D. psychologists' supervising social workers and MA psychologists who have been "grandfathered in" by the psychologists' certification legislation. Any social worker who finds that supervision by a "grandfathered in" psychologist has not been accepted by



Crayton Rowe reports activity of new Committee on Psychoanalysis at May membership meeting.



EDITORIAL OFFICE:

a j collier/communications 333 east 86th street new york, new york 10028 (212) 427-2569

CSW Editorial Consultant: Robert P. Galardi

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NYS SOCIETY OFFICE: 350 Fifth Avenue-Suite 3308

New York, N.Y. 10001 Tel. (212) 564-9166

Editor's Note

Among the crucial issues impacting the Society are those of fair and equitable legislation for clinical social workers with the responsibilities and respect those issues encompass, and the recognition of CSWs as independent mental health professionals. In this second edition of the Newsletter we continue to address these issues.

At the general membership meeting in May the reports by committee representatives demonstrated a strong commitment to the Society and its professional goals to come of age in every dimension. As we listened to the accomplishments of the past year and the future goals of the Society, the conviction deepened that the Newsletter can be a vital and strong support in the realization of these goals. Presenting the issues to members and to those who influence and make policy; providing a communications forum and helping to form a cohesive and articulate professional association—these are the goals closely in focus for the Newsletter, the Society's voice.

A cornerstone in establishing the role of the New York State Society as the outstanding leader in clinical social work, the *Newsletter* can deliver the message effectively—to each other, to other mental health professionals and to those who influence our lives. An exciting possibility.

Alyce J. Collier, Editor

General Membership Meeting

Continued from page 1

the Board should notify the Legislative Chairman, NYS Society of Clinical Psychologists. Legislative Advocate Barry K. Mallin presented the second part of the Social Action report. His complete report appears on page 4. Mallin referented the urgent need for SCSWP members to boycott the new Medicaid arrangements (see April 1980 Newsletter, page 1).

Chapter Development: Chair Donna Rohlf reported that during 1980 the new Albany chapter has been established. The committee plans to inaugurate a chapter development direct mail campaign throughout the state to stimulate the formation of additional chapters.

Health Insurance: Chair Jay Fischer, Ph.D., reported on his negotiations with Hartford Insurance Company on behalf of the Society. Presently the benefits under discussion include group life insurance; death or dismemberment; disability; hospital cash indemnity; a combination of major medical or excess major medical. The matter is now under consideration by the National Federation. It is proposed that the Federation underwrite the costs involved in a comprehensive mailing program to all members soliciting subscriptions to the insurance plan. Research and inquiries will be directed to other insurance companies. A major factor in the adoption of an insurance program is the guarantee required that a certain percentage of membership or number of members will subscribe to a given insurance plan before a company will offer it.

Education: Alan Shanel, newly appointed Chair, conducted the committee's first meeting on April 3rd with representatives from 6 chapters attending. Issues discussed included the Conference to take place December 6, 1980, in co-sponsorship with the Metropolitan chapter, at which the featured speaker will be Dr. Peter G. Giovacchini; a Northeast Conference planned for 1981; the establishment of a scholarship fund for graduate students in clinical social work; and representation on the Council for Social Work Education. Committee members will present an agenda twice yearly summarizing education activities within their chapters. In this way communication among chapters will remain active and duplication of programs will be avoided.

Membership: Chair Gemma F. Colangelo reported an increase in membership to the present 850, approximately double the number before the intensive membership drive in the fall of 1977. Mitzi Mirkin, the Society's executive secretary, has established procedures to process membership applications quickly and to maintain accurate records. New applications continue to arrive. Chapter educational programs, workshops and seminars, as well as the Rally last fall and the increased prestige that the Society has earned within the profession may be credited. Preparation for a new membership drive have begun, and the drive will be under way in the fall of 1980. Marguerite Perrin Klein will assist in coordination. All certified social workers in New York State will be solicited for Society membership.

Professional Standards Review Organization: Chair Gloria Aronson Weinberg presented a brief history of PSRO, established in 1972 as an amendment to the Social Security Act; it was an effort to monitor Federal spending. Advisory councils composed of physicians around the country were established; social workers are active on the boards. The Society, NASW and Directors of Hospital Social Serivces have joined in a coalition to ascertain that adequate social services are maintained and to make recommendations to these medical boards.

Referral and Information Services: The report by Chair Barbara Pichler indicates an increasing number of telephone calls to the Service, especially within the Metropolitan chapter. A public relations consultant, hired on a trial basis, has produced and spotlighted radio announcements about the Service. The committee plans to begin an advertising program and to be in touch with social work schools.

At the conclusion of the meeting members and guests were invited to gather on the outside patio overlooking the East River for wine and cheese.

To date the next general meeting has not been scheduled.

CONTINUING ED

The New Jersey Society for Clinical Social Work will hold a Professional Conference Sunday, September 28th, at the Middlesex County College, Edison, NJ. The theme is Interdiciplinary Perspectives and the Clinical Process. For further information write: NJSCSW, P. O. Box 325, East Brunswick, NJ 08816.

Light-Up

1st CSW: Do you know how many therapists it takes to change a light bulb?

2nd CSW: No, I don't.

1st CSW: One—but the light bulb really has to want to change.

evitive report

Few would take issue with the concept of consumers' right to have equal access to the mental health professional of choice-be it clinical social worker, psychiatrist or clinical psychologist. Equal access implies the right to insurance reimbursement and Medicaid/Medicare coverage independent of the discipline of the provider of the service as long as s/he is a qualified mental health professional. Currently, consumers do not have this right in either the public or the private sector. And they will not have this right until we have the necessary legislation which once and for all establishes parity for clinical social workers with the other mental health disciplines.

With this in mind, I am asking you to put aside internecine struggles over issues such as whether there is such a creature in social work as a clinical social worker, to shelve questions about one's identity as a social worker. Consider this simple truth: it is our certification as social workers and it is that legislation which identifies us as social workers

with third party vendor status which establishes us as a profession with reimbursement privileges. In agencies and in independent practice our economic destiny is tied to our identification as certified clinical social workers.

In Washington a bill, S.2176, has been introduced by Senator Daniel Incure. This bill amends the Social Security Act to include clinical social workers as authorized providers of mental health services to Medicare and Medicaid beneficiaries. This is very important legislation for us. It opens the door for our inclusion in National Health Insurance legislation. We need co-sponsors for this bill. We need the two Senators from New York to cosponsor this bill. It is in your interest! Sit down and write to each of them on your own stationery. (Senator Jacob K. Javits/ Senator Daniel P. Moynihan, 5327 Dirksen Senate Office Bldg. Washington, D.C. 20510).

Ask the Senators to co-sponsor S.2176, a bill to amend the Social Security Act to include clinical social workers as providers of mental health services to Medicare and Medicaid beneficiaries. Identify it as the bill introduced by Senator Inouye.

This bill proposes no new services, but only a change of delivery system to in-

clude qualified clinical social workers as well as physicians.

Clinical social workers provide 42 percent of all treatment in community mental health centers in the country. (NIMH Report, 1978.)

There are 23 states which license or certify social workers, setting minimum standards for independent practice.

Many private and public health insurance plans allow patients to choose clinical social workers and reimburse for their services, e.g. Champus, Aetna, Connecticut General. Commercial insurers in New York State have found that including clinical social workers as additional vendors has made very little difference in insurance costs. Moreover, the use of psychotherapy has led to a decrease in the use of physical health services.

Clinical social workers across New York State are more accessible to patients than psychiatrists, who are primarily restricted to highly populated areas.

I cannot emphasize enough the importance of writing on your own behalf for parity with the other mental health disciplines. No matter how energetic your State Board is on your behalf, you must become active and write now.

Marsha Wineburgh President

IN COMMITTEE ...

The following people are currently representing their chapters on the committee: Connie Alsapiedi, Queens; Lynda Cohen, Brooklyn; Rosemarie Gaeta, Staten Island; Fredlee Kaplan and Mei Lichtenstein, Metropolitan; Carla Kandel and Shirley Ross, Rockland; Gerald Adelson, Nassau; and Marvin Sicherman, Westchester.

This committee had offered to cosponsor a Conference already being planned by the Metropolitan chapter education committee for December 6, 1980. Both State and chapter committees are now cooperatively at work on this project. The guest speaker will be Peter Giovacchini, M.D., and the subject is "Countertransference and the Therapist's Turmoil." There will also be 8 afternoon workshops.

The committee is also investigating the Society's sponsorship of a scholarship for clinical social work students at the graduate level. Such a scholarship would serve to promote clinical social work, to define the Society as a leader in the field and to establish a consistent relationship with graduate schools of social work.

Alan Shanel, CSW

REFERRAL SERVICE

Ryna Cohen will be taking over as chair for this committee and will also continue as chair for the Brooklyn chapter.

Executive Board Holds Brunch



Phyllis Gordon (left) and Donna Rohlf talk with Ken Hermann from Upstate New York.

Prior to the general membership meeting on Saturday, May 17th, the State Executive

Board and invited guests met at 11:30 for an informal brunch at Rafhens, a restaurant adjacent to the International Center on East 46th Street. Chapter representatives, committee chairs and support staff had a chance to meet and talk about the various problems, challenges and plans of the chapters and the State committees as well as the Society's needs and goals for the coming year. The brunch provided an excellent opportunity for the exchange of ideas and informal planning.

All arrangements for both the membership meeting and the Executive brunch were under the direction of Robert P. Galardi, First Vice President.

Other changes on the local level include: for the Met chapter Barbara Gangi and Susan Dowell will co-chair; Pat Landy will continue for Queens, the co-chair to be announced; Nassau's Lee Goldberg will work with Ina Lieberman; in West-chester Nan Miller will continue with co-chair Isabel Scott. Our newest service in Rockland will continue under Lou Nicoll's and Lois Carey's direction. Sincere thanks to Maria Warrack and Rita Benzer for their good work and cooperation over the past two years.

This summer the chapter referral services will place a cooperative ad in *The Chief/The Leader* on a limited trial basis. This newspaper (recently merged from two) is directed to civil service employees. If results are encouraging and budget permits, advertising will expand.

A number of changes have taken place over the past several years in this committee, not the least of which is that almost all the chapters' referral service committees are now co-chaired, an indication of the amount of work required to mobilize such a large service. Activity has increased significantly over last year; our referral sources have expanded in the community, and we are more knowledgeable as to what works and what doesn't.

The committee should move on with renewed energy and establish chapter referral services as a solid and integral part of the communities they serve.

Barbara Pichler, CSW

GISLATIVE XCHANGE

Report by Barry K. Mallin, Esq., Legislative Advocate

Health Insurance Parity Bill

Substantial progress continues in legislative efforts to establish the principle of professional parity for clinical social

Our current major thrust is directed at obtaining for qualified social work psychotherapists the same level of third-party benefits enjoyed by psychiatrists and psychologists in group health insurance laws. The next focus will be changes in Medicaid laws and regulations to achieve similar equality in Government health reimbursement programs.

The Society's group health insurance parity bill has been introduced in the State Senate by Sen. John E. Flynn (Bill #S9276). We also have been referring to the measure as the "equal acess" bill because it will enable patients to enjoy "equal access" to the mental health professionals of their choice.

As explained in the legislative memo accompanying the measure:

The bill will correct the inequitable and discriminatory system of only reimbursing the patients of physicians, psychiatrists and psychologists, while denying such reimbursement to patients of clinical social workers for the same psychotherapeutic services. The present system operates against those patients who choose clinical social workers for treatment and are then denied insurance reimbursement.

Copies of the bill and the complete legislative memo are available to those members who wish a more detailed analysis of the measure. The bill is currently under review by the Senate Insurance Committee.

On the Assembly side, on May 12th a delegation from the Society's Albany Chapter accompanied me to meet with Assemblyman William B. Finneran, Democrat of Westchester. It was an extremely productive session which resulted in his agreeing to sponsor the parity bill in the Assembly. The presence of a delegation of Society members clearly had the effect of establishing a persuasive and positive atmosphere for our discussions.

As the first assemblyman to join us in this battle, Finneran should be sent letters from Society members thanking him for his support. (The Assembly bill is #11306.) We have since then enlisted two additional Assembly sponsors, Democrat May B. Newburger of Great Neck, Long Island, and Clarence D. Rappleyea of Norwich, New York, a leading Republican on the Assembly Insurance Committee.

The current session of the legislature recessed at the end of June; full action was not taken therefore on the bill during this session, in the fall we will be meeting with other potential Senate and Assembly sponsors and supporters. We have also gained support for the bill from both the New York City and the New York State Chapters of NASW.

The Medicaid Battle

Pursuant to freedom of information laws, we have obtained copies of inter-office letters, reports and other documents from the State Health Department relating to the adoption in January 1980 of Medicaid regulations which permit psychiatrists in private practice to bill for services rendered by social workers hired by the physician.

The documents are more revealing not for what they contain but for what they omit, namely, a pattern of avoidance of any discussion of questions relating to clinical social workers as independent mental health professionals and questions relating to the direct reimbursement under Medicaid of other practitioners without medical supervision, such as clinical psychologists.

. . . Litigation and Legislation

We are exploring the possibility of initiating litigation challenging the new regulations as unconstitutional when applied to Medicaid recipients.

Under existing regulations poor persons who go directly to private social work practitioners for therapy are denied Medicaid coverage for treatment. The regulations thus operate to deny Medicaid recipients the same freedom of choice available to more affluent patients. Toward correcting this situation, State Senator John E. Flynn's office has asked us to draft legislation to rescind the Medicaid regulations. An amendment to Section 365-a of the Social Services Law has been prepared and sent to the Society's Executive Board for review.

This is, however, an explosive issue, and a change of position is not likely at this time to gain a strong foothold in the legislature. This issue punctuates the crucial need to establish the statutory principle of parity under the group health insurance laws, a precedent that then can be applied to arguments for direct Medicaid reimbursement for clinical social workers.

NEW MEMBERS

We welcome the following new members of SCSWP. Their enrollment in 9 chapters within the past year brings the new membership of the Society to 850.

BROOKLYN Betty G. Austen Linda Blanco Marilyn Gilchrist Michael B. Goldberg Lucille Klein Ruby Moye-Salazar Jean Marie Mozny Marion Judith Rabinowitz Shayne Lee Raze Jeffrey Seibel Robert Summers Jeffrey Wallach Martha M. Watson Angeles Yocca Stephen S. Zimmer METROPOLITAN Joan M. Adams S. Christine Baker Ceil Berlin Katherine Boros Betsey M. Boruchoff Robert Brewster Leslie Brill Marianne Bucherhorner Cathy Brown Buirski Diana Cook Mimi G. Crowell Louise DeCosta Margery Dubrow Mark Dworkin Janet A. Geller Jane Genende Theresa Aiello Gerber Ramona Goldman Edith Gould Ruth Greenfield Renee Hano Beatrice Harrison Ruth B. Helfrich Isabella Ho Billie C. Houghton Bonnie Bernfeld Kamen S.C. Kitsopoulos Laura Kogel

Richard Landsman David Laveman Susan J. Longman Shirley R. Luban Cynthia Lyman Frances McCabe Brian McDonald Nobuko T. Meaders Lois Mergentime Patricia K, Mullally Aideen Mary Nunan Carole Pasahow Renee Pellman Katherine M. Pelly Fredric Perlman Pauline B. Pinto Nicholas Piombino Judith Pomerantz Judith Schiller Rabi Madeleine Reinert Mary B. Reinhart Margot Reubens Jeremy Robinson Nancy Robinson-Maimin Jo Rosenberg Judith Brailey Rosenberger Sue G. Rosenblum Susan Rothschild Renee Schlesinger-Vaccaro William D. Shattls Mark Sichel **Bob Silverstein** Ellen Singer Doris Solomon Helen A. Solomon Simone Stone Andrew M. Stromberg Lorraine R. Tempel Harriet Wald Linda Washburn Bruce F. Woodruff

MID-HUDSON Carolyn Bersak Carolyn H. Rounds

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Renee Goldman

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Howard J. Camp, Jr.

Æ OXFORD ONFERENCE

∂ert L. Kaplan, Ed.D., ACSW

As Chair of the SCSWP Education Committee during 1979, Bert L. Kaplan, Ed.D., ACSW, attended the first British-American Conference on Psychodynamic (Clinical) Social Work, Sponsored jointly by The Smith College School for Social Work and The Group for the Advancement of Psychodynamics and Psychotherapy in Social Work, the Conference took place August 22-26, 1979 at St. Edmund Hall, Oxford. Funds were made available from the Society's treasury to cover a portion of Dr. Kaplan's expenses. His report of the Conference follows.

This historic first Conference bridged academic and professional institutions on both sides of the Atlantic. Some 120 social workers from Maine to California, from Southampton to Scotland came together by invitation to attend the Conference and to share ideas.

A formal welcome by the Lord Mayor of Oxford officially opened the 5-day event. The Conference agenda included eight papers: four from the U.S. and four from Great Britain, with opportunity for small group discussion after each presentation. Ongoing participation in the same discussion group for the entire 5-day period was most effective. In groups not larger than twelve, British and American participants learned about each other around issues, principles, values and priorities in an ambiance of mutual interest and responsiveness. And within this atmosphere significant issues were discussed.

The theme of the Conference, "Change and Renewal in Psychodynamic Social Work," provided papers on historical, theoretical practice and educational perspectives of each country. Topics included:

Social Work and Dynamic Psychology-Symbiosis or Conflict

The Implications for Social Work Practice of Recent Psycho-Analytical Develop-

New Findings in Child Development: Application to the Treatment of Parents with At-Risk Infants and Toddlers

The Reflection Process in Supervision Clinical Learning as a Developmental Pro-

It may be of interest to point out a few differences in the requirements for social work practice between the U.S. and Great Britain, Social workers in Britain are not required to obtain a university degree. They must, however, complete a program of study at university level and pass a qualifying examination. Since health and welfare services in England are socialized, all social work positions are accountable to government agencies in

some form. This appears to be true regardless of the type of institution or agency in which social work is practiced.

Interestingly, private practice in social work is just beginning. Since no university degree is required, advanced formal education in the profession is limited and British social workers look to "institutelike" structures for additional training. Among the most influential at the present time is Tavistock Clinic, which is seen as the major service agency for the community. Tavistock provides the available learning opportunities for social workers interested in developing further clinical knowledge and skills. It was well represented at the Conference and its teachings offered provocation for interesting and heated small group discussion.

The Hempstead Clinic, funded from the U.S., serves primarily as a research center and has little connection to the British practice communities. Not far away geographically, Tavistock and Hempstead are far apart ideologically and, as one British collegue commented, "At Tavistock they don't own a copy of the Psychoanalytic Study of the Child."

The conceptual issues which arose and provoked discussion revolved around views of projective identification and counter-transference. Influenced heavily by Kleinian theory, Tavistock interprets projective identification as a process in which the patient projects feelings, ideas, impulses, etc. onto the therapist. The therapist then identifies with the patient's projections, experiencing feelings within him/herself which he/she defines as belonging to the patient. Countertransference in this context, therefore, consists of the feelings projected onto the therapist by the patient and used diagnostically for the therapist's understanding and subsequent intervention. The Tavistock view lends itself to the possibility of overlooking or negating the therapist's own unconscious as part of counter-transference and holding the patient responsible for the therapist's feelings. In-depth examination of this concept elicited interesting dialog. Having little or no familiarity with Hartmann, Spitz, Mahler, Jacobson or Kernberg, our British colleagues were interested in the theories of Separation-individuation and the development differentiated Self/Object representations. However, their concepts are as deeply ingrained as ours are in our thinking, and no meeting of the minds came about on this issue.

Importantly, the British did take note that we are more aware of their contributions than they are of ours-several persons asked for material to be sent to them. Despite these differences in points of view and in familiarity with literature, a high level of practice competency was evident. An atmosphere of shared respect prevailed, and it was not uncommon to

hear our British colleagues state that they would not hesitate to trust their own patients to American social work clinicians. Feelings in this regard were mutual,

I would be remiss if I did not mention the spirit of camaraderie that evolved. The genuine respect and desire to learn from each other, together with the lovely scenery of the Cotswolds, made for a stimulating and most exciting encounter. Plans are underway for the next Conference, to be held in the U.S.

Four Awarded Diplomate Status









Four Society members have been awarded the honorary status of Diplomate of the Society. Gemma F. Colangelo and Robert P. Galardi of the Queens chapter, and Paul Heber and Sumner E. Matison of Rockland have been recognized for their outstanding contributions to the Society and to their chapters.

Candidates for Diplomate status, in addition to being a Fellow for five years. must have demonstrated effectiveness. initiative, responsibility and dedication, A candidate must cite accomplishments benefiting the Society during his/her tenure on a State Executive Board committee if s/he has served in that capacity. On a chapter level the successful candidate should have contributed to the chapter's growth, have enhanced the image of the Society, or have presented a totality of contributions in more than one area of the Society which appreciably furthered the aims and goals of the organization and/or the field. Further, s/he should have performed his/her duties in excess of routine expectations.

Criteria for Fellows who have served the field of clinical social work with utmost distinction include teaching in an area related to clinical social work; publishing in the field; verifiable research in the field.

The candidate's chapter must approve the written application before submitting it to the membership committee for its approval, whereupon the application is presented to the State Executive Board with a summary of contributions of the candidate.