

**Committee
for Creativity & Transformation
in Clinical Practice**

RESERVATIONS and INQUIRIES:

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**NEW YORK STATE SOCIETY
FOR CLINICAL SOCIAL WORK**

**>>> Committee for
Creativity &
Transformation in
Clinical Practice**



Committee for Creativity & Transformation in Clinical Practice

WHAT:

We are a special group whose foundations are rooted in aesthetics, clinical theory and techniques culled from a diversity of psycho-therapeutic approaches: object relations theory; ego and self psychology; Freudian psychoanalytic theory; Gestalt therapy, neuropsychanalysis, and others. We consciously employ both non-verbal and verbal modalities.

WHO:

We are clinical social workers and other allied clinicians with a background in the creative arts and/or interest in the creative process.

WHO CAN JOIN US?

We are a NYSSCSW membership benefit, and as such meetings are offered free of charge. A background in the creative arts or interest in the creative process is helpful, but not required.

WHAT WE DO:

We offer presentations, workshops, and study groups on various topics of arts and creativity in clinical practice, as well as mind-body-creativity education. We also organize the annual member art exhibits, provide peer consultations and plan trips to NYC museums and yearly outings.

GOALS:

We aim to give form and shape to clinical material that is often inaccessible to spoken language. Our purpose is to support each other's efforts in verbalizing the exploration of the time-space continuum between thought and action. The unfinished, unpolished, and creative ideas are as welcome as the published case studies. We value meaning and relevancy. Process is as important as product.

WHY:

We believe the arts are a basic part of human communication and are driven by the union of cognitive and affective functioning (mind/body awareness). As clinicians, we adhere to the person-in-context view of psychotherapy.

WHERE AND WHEN:

Sundays, Noon to 2pm (or 2:30pm), with 1/2 hour networking. Place: Varies—TBA

HISTORY:

The first formal meeting of the Arts and Creativity Committee was held January, 1997. Our format is generally educational, often experiential or exploratory. In keeping with our professional viewpoint, we attempt to synthesize theory and practice in our presentations and activities. We encourage those who attend our events to present examples from clinical practice.

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