

ROCKLAND CHAPTER EDUCATION PROGRAM

UNDERSTANDING THE TRANSGENDER AND GENDER NON-CONFORMING PATIENT

DATE: Sunday, April 12, 2015

LOCATION: Private Dining Hall at McNelis Commons
St. Thomas Aquinas College
Route 340, Sparkill, NY

SCHEDULE:

10:00 am Board Meeting
11:00 am Clinical Case Discussion
12:00 pm Presentation (lunch included)

PRESENTER: by Jan Redfern, Ph.D. with theoretical introduction by Beverley Goff, LCSW-R

Description: Being transgender, like being gay, is not a mental illness; rather it represents a reflection of the normal variation of human development. Nevertheless, transgender people are often misunderstood, denigrated, and stereotyped as social deviants. Some social workers encountering a transgender individual for the first time might be curious initially, but then feel inadequately equipped to understand the wide range of unique challenges these individuals face in their daily lives. To help social workers increase their comfort level working with transgender patients, Dr. Redfern will review:

Transgender culture and its diversity
Stages of transition
Difficulties faced by trans people
Suggestions for working with transgender clients.

The presentation, in part, is based on Redfern JS, Sinclair B. Improving health care encounters and communication with transgender patients. J Comm Healthcare 2014;7:25-40.

Jan Redfern, Ph.D. began as a researcher in physiology until 1997 when she founded Redfern Strategic Medical Communications, which specializes in developing educational materials for a variety of audiences. She has written or co-written over 60 publications. She is also involved in helping to improve police relations with transgender individuals. Dr. Redfern serves as an Educator and Trainer on behalf of Volunteer Counseling Service Inc., Rockland County, to clarify and sensitize the understanding of transgender persons in the health communities.

Beverley Goff, LCSW-R is the former president of the Rockland Chapter of NYSSCSW. She is currently a Training Psychoanalyst and Supervisor at NPAP and the Westchester Center for the Study of Psychotherapy and Psychoanalysis. She has taught at several psychoanalytic institutes, as well as Fordham University School of Social Work at Lincoln Center and Empire State College in Rockland. Her private practice is in Nyack, NY.

No Charge for Students and Society Members

Non-Members \$20, Seniors \$5

For additional information, please contact Kevin Melendy at (201) 925-7950